



The Three Pillars of Transforming Care

Creating a context for healing in the *Other 23 Hours*

A train the trainer course

The *Three Pillars* framework focuses on the core characteristics of healing environments. It is designed to empower those who may not provide direct therapy but who seek to be agents of healing and growth in the foster home, residential program, school or other community settings.

The program provides a distillation of the key principles and propositions from the growing body of research and clinical literature on severe childhood adversity and trauma as well as the determinants of healing and resilience. Workshops based on the Three Pillars model have been presented in Australia, the USA and Europe.

This three-day **train-the-trainer course** is for organisations who wish to include the *Three Pillars of Transforming Care* in their induction or ongoing training packages for foster carers, residential carers and others working with children and young adults. It is designed for senior practitioners and others with responsibility for training or supporting those who work directly with children.

It is assumed that participants will have some familiarity with the issues involved and experience working with children who have experienced severe adversity. Participants will receive a Training Manual, a Student Workbook and a USB containing material needed to deliver a high quality in-house training program. Successful participants will be accredited to deliver the *Three Pillars* training to the workers, carers or clients of their agency or organisation.

Presented by Dr Diana Boswell and Dr Howard Bath

23 – 25 February 2021

(Tuesday and Wednesday 9 am – 5 pm, Thursday 8.30 am – 4 pm)

Lutheran Community Care, Level 1, 15-17 Glynburn Road, Glynde SA 5070

Name: _____ Position: _____

Agency: _____

Postal Address: _____

City: _____ State: _____ Postcode: _____

Telephone: _____ Mobile: _____

E-mail address: _____

Special Dietary Requirements: _____

Tuition fee: \$990.00 (includes GST, lunch/refreshments each day, all course materials)

Cancellation policy: For cancellations prior to Monday 15 February 2021, a \$50 service charge applies. No refunds can be made after that date but participant substitutions are possible. Cancellations or substitutions must be provided in writing. If the course has to be cancelled due to illness of a presenter or another unforeseen event, liability of TWI is limited to a refund of fees paid.

Confirmation and Payment: Confirmation of your registration and a tax invoice with payment options will be emailed to you when your form is received. NB Credit card facilities are not available.

The Three Pillars of Transforming Care course is based on research evidence, current clinical perspectives and years of experience with children and young people with complex needs and challenging behaviours. Instructional methods include brief presentations, videos, worksheets and group discussions. Topics covered include:

- A review of the fundamentals of trauma theory including arousal and stress mechanisms, brain development, the role of memory, and types of trauma
- Research on the behavioural and emotional difficulties that may affect young people who have experienced relational trauma
- An exploration of the *Three Pillars* of transformation – the creation of physical, emotional and cultural SAFETY; the development of positive CONNECTIONS with caring adults and the broader community; and support to enable adaptive COPING with life circumstances and turbulent emotions.

For all enquiries, please contact Vicki Brown on 0415 379 653 or email office@twi.org.au

TWI Therapeutic Welfare Interventions